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How much are cpr classes at red cross

More than 4.6M people turn to us, the trusted training provider for First Aid, CPR, BLS and more, every year to gain lifesaving skills. Trust us to deliver unmatched lifesaving training that will provide you the confidence and skills to act when moments matter. University Recreation provides certification courses in First Aid/CPR/AED, Lifeguarding, Lifeguard Instructor, Water Safety Instructor and more! All classes are American Red Cross certified. First Aid/CPR/AED Class This class is designed to teach participants how to recognize and respond appropriately to cardiac, breathing, and first aid emergencies. Participants will learn how to give immediate care to a suddenly injured or ill person until more advanced medical personnel arrive and take over. Prerequisites: None Course Cost: \$85 (All costs are due at registrations). Re-Certification Cost: \$40.00 To be eligible for re-certification, you must provide a current CPR certificate or if certificate has expired within 30 days. Required Materials: Materials can be purchased at the Aquatic Center or at the local Red Cross chapter. First Aid/CPR/AED Participant's Manual can be purchased at www.redcross.org/participantmaterials or uploaded digitally. Manuals are mandatory for all courses. Resuscitation Mask: \$10.00 Location: New Mexico State University Activity Center Room 201 Dates: Fall 2021: Spring 2022 Time: To Register: Registration begins one month prior to the start of class at the NMSU Aquatic Center. Payment for course and materials are due at the time of registration. CPR/AED PRO & First Aid/CPR/AED Contract Class for Health Professionals The purpose of this course is to teach those with a duty to act, the knowledge and skills needed to respond appropriately to first aid, breathing, and cardiac emergencies. This course offering is designed for community businesses and other health professional groups seeking certification. Course Cost: For groups of 11 or less \$85.00 per person For groups of 12 or more: \$80.00 per person Required Materials: Materials can be purchased at the Aquatic Center or at the local Red Cross chapter. First Aid/CPR/AED Participant's Manual can be purchased at www.redcross.org/participantmaterials or uploaded digitally. Manuals are mandatory for all courses. Resuscitation Mask: \$10.00 To request a class for your group, please email Michelle Mason at mmason10@nmsu.edu. Lifeguard Training Course This blended learning class is designed to teach participants the knowledge and skills to prevent, recognize and respond to aquatic emergencies, and to provide care for breathing and cardiac emergencies, injuries and sudden illnesses until emergency medical services personnel take over. Prerequisites: Lifeguard candidates must be 15 years of age on or before the final scheduled session for the course. Candidates must successfully complete a 300-yard continuous swim using the front crawl, breaststroke, or a combination of both. Candidates must tread water only using their legs for 2 minutes without support and without stopping. Starting in the water, candidates must swim 20 yards, dive to retrieve a 10 pound object at a depth of 7-10 feet, resurface, and return to the starting point with both hands holding the object and keeping the face at or near the surface. Candidates must complete this skill within 1 minutes and 40 seconds. Course Cost: \$190 Re-certification: \$95 To be eligible for re-certification, you must provide a current lifeguard certificate or if certificate has expired within 30 days. Required Materials: Lifeguard Participant Manual can be purchased at www.redcross.org/participantmaterials or uploaded digitally. Manuals are mandatory for all courses. Resuscitation Mask: \$10.00 Location: New Mexico State University Aquatic Center & New Mexico State University Activity Center Room 201. Dates: Monday, May 16 - Friday, May 26 (Classes are held weekdays only.) Time: To Register: Registration will begin one month prior to the class date, at the NMSU Aquatic Center. Payment for course and course materials will be required on the first scheduled class after the successful completion of the prerequisites. Lifeguard Instructor Course Instructor candidates are trained to teach basic-level Lifeguarding, Waterfront Lifeguarding, Waterpark Lifeguarding and Shallow Water Attendant (all including first aid), Lifeguard Management, CPR/AED for the Professional Rescuer, Administering Emergency Oxygen, Bloodborne Pathogens Training: Preventing Disease Transmission and Basic Water Rescue courses. Instructor candidates will become familiar with GuardStart: Lifeguarding Tomorrow and the Water Safety presentations. Prerequisites: Lifeguard instructor candidates must be at least 17 years of age on or before the last scheduled day of the instructor course. Candidates must possess a lifeguarding certificate issued within the past two years, and CPR/PRO certificate. Candidates must successfully complete the precourse session: Passing the precourse written exam with a score of 80 percent or higher for each of the three sections and demonstrating competency in the precourse skills and scenarios evaluation. Swimming 300 yards continuous using the front crawl, breaststroke, or a combination of both. Surface dive, retrieve a 10 pound brick, surface and swim 20 yards while carrying the brick in both hands within 1 minute and 40 seconds. Demonstrate competency in ALL Lifeguarding, First Aid and CPR skills. Complete the online component. Course Cost: Course Cost: \$145 Re-certification: \$35 To be eligible for re-certification, you must provide a current lifeguard instructor certificate or if certificate has expired within 30 days. Required Materials: Lifeguard Instructor Manual can be purchased at www.redcross.org/participantmaterials or uploaded digitally. Manuals are mandatory for all courses. Resuscitation Mask: \$10.00 Location: New Mexico State University Aquatic Center Days: Time: To Register: Registration will begin one month prior to the class date, at the NMSU Aquatic Center. Payment for course and course materials will be required on the first scheduled class after the successful completion of the prerequisites. Lifeguard Instructor/Instructor Trainer In-Person Review Course All Lifeguarding Instructors and Lifeguarding Instructor Trainers must complete an in-person review course every two years to maintain their certification(s). This course satisfies that requirement by covering any updated material, polishing skills, drills and review on administrative resources and procedures. Prerequisites: Instructors or Instructor Trainers must possess a Lifeguarding Instructor or Instructor Trainer Certification Course Cost. Required Materials: Lifeguard Instructor Manual can be purchased at www.redcross.org/participantmaterials or uploaded digitally. Manuals are mandatory for all courses. Resuscitation Mask: \$10.00 Location: New Mexico State University Aquatic Center Days: Time: To Register: Registration will begin one month prior to the class date, at the NMSU Aquatic Center. Payment for course and course materials will be required on the first scheduled class after the successful completion of the prerequisites. Wilderness and Remote First Aid Course In the American Red Cross Wilderness and Remote First Aid course, students learn basic first aid principles and skills in order to respond to emergencies and give care in areas that do not have access to immediate emergency medical services (EMS), such as wilderness and remote environments. Emergency situations also include natural disasters such as earthquakes and hurricanes. Prerequisites: Current adult CPR/AED certification. Participants must be 14 years of age or older on or before the scheduled session of the course. Course Cost: Required Materials: Wilderness and Remote First Aid Participant Manual can be purchased at www.redcross.org/participantmaterials or uploaded digitally. Manuals are mandatory for all courses Location: New Mexico State University Activity Center Dates: Fall: Spring: Time: 8am-5pm, with a lunch break To Register: Registration will begin one month prior to the class date, at the NMSU Aquatic Center. Payment for course and course materials will be required at the time of registration. We have classes for everyone including 100% instructor led classes, blended learning classes, challenge courses, and 100% online classes. All of our certification classes meet the latest OSHA and American Red Cross Guidelines. The following American Red Cross provider blended learning classes are offered at Help-A-Heart CPR. These courses have two parts: an online portion that must be done in advance followed by an in-person skills sessions. The in-person skills session is approximately 45 minutes to 3:30 depending on the class. Upon registration for the American Red Cross blending learning course a link will be emailed to each student with information to complete the online learning portion. The American Red Cross Basic Life Support (BLS) course provides participants with the knowledge and skills they need to assess, recognize and care for patients who are experiencing respiratory arrest, cardiac arrest, airway obstruction or opioid overdose. The Basic Life Support (BLS) is intended for healthcare providers and those seeking an advanced level of resuscitative measures. The CPR/AED/First Aid certification offered by Help-A-Heart CPR is meant for bystanders and laypersons. It is not for healthcare providers. The First Aid/CPR/AED program helps participants recognize and respond appropriately to cardiac, breathing and first aid emergencies. The Advanced Life Support (ALS) course emphasizes providing high-quality patient care by integrating psychomotor skills, rhythm interpretation, electrical interventions and pharmacologic knowledge with critical thinking and problem solving to achieve the best possible outcomes for adult patients. The Pediatric Advanced Life Support (PALS) course emphasizes providing high-quality patient care by integrating psychomotor skills, rhythm interpretation, electrical interventions and pharmacologic knowledge with critical thinking and problem solving to achieve the best possible outcomes for pediatric patients. The First Aid for Severe Trauma (FAST) program provides participants with the knowledge and skills they need to respond to an emergency involving life-threatening bleeding. The Wilderness and Remote First Aid course provides individuals a foundation of first aid principles and skills to be able to respond to emergencies and give care in areas that do not have immediate emergency medical services (EMS) response. The purpose of a challenge course is to provide participants the opportunity to demonstrate knowledge and skill competency outside of a formal class setting. Participants have soleresponsibility to prepare for the knowledge and skill evaluations. Anyone is eligible to participate ina challenge.Participants who do not possess current American Red Cross certificate(s) (or equivalent) mayparticipate in the challenge option once. If they do not pass the challenge, they will be referredto the Training Coordinator at Help-A-Heart CPR regarding information on taking a full course. They are not permitted to attempt the challenge again.To schedule a challenge course, click the button below. Skip the classroom and challenge your Basic Life Support by demonstrating the hands-on skills and passing the written exam. The eBook is provided to you so you can review and prepare.The purpose of the American Red Cross Basic Life Support Challenge course is to give individuals the opportunity to demonstrate knowledge and skill competency outside a formal class setting. Preparing for the testing scenario and final exam is the responsibility of the participant. Skip the classroom and challenge your Advanced Life Support by demonstrating the hands-on skills and passing the written exam. The eBook is provided to you so you can review and prepare.The purpose of the American Red Cross Advanced Life Support Challenge course is to give individuals the opportunity to demonstrate knowledge and skill competency outside a formal class setting. Preparing for the testing scenario and final exam is the responsibility of the participant. HOW DO I FIND MY AMERICAN RED CROSS CERTIFICATE? Did you take an American Red Cross class but can't find your certificate? Click here to find it.

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